M Watch Lite User Manual
Instrucciones de operación del Reloj inteligente M Watch Lite
M Watch Lite Bedienungsanleitung
M Watch Lite 取扱説明書

Product Overview

Please read this manual carefully before using your new M Watch Lite.

Wearing Way

For daily use, it is recommended that the watch be worn about two finger widths above the wrist bone. Adjust the strap tightness so that it is neither too tight nor too loose, ensuring comfortable wear and accurate heart rate monitoring.

Device Connection

Download and install the Fitpro App from the App Store or Google Play Store, or scan the following QR code to download the App.

Open the App, enter the "Device" interface, 